

# Day 1: The Foundation of Courage - Prayer

**Scripture:** Luke 22:39-46

**Reflection:** Jesus faced His greatest trial with prayer as His foundation. He prayed earnestly, seeking the Father's will above His own. Reflect on how prayer can be the foundation of courage in your life. Are you dedicating time to seek God's strength and guidance through prayer?

**Prayer:** Lord, help me to make prayer the cornerstone of my life. Teach me to seek Your will and find strength in Your presence, especially when I face challenges. Amen.

# Day 2: The Key to Courage - Focus

**Scripture:** Luke 22:45-46

**Reflection:** Jesus was focused on His mission, even when His disciples were not. Consider what distractions might be pulling you away from God's purpose for your life. How can you refocus your heart and mind on what truly matters?

**Prayer:** Father, help me to focus on Your purpose for my life. Remove distractions and give me clarity to pursue what You have called me to do. Amen.

# Day 3: The Demonstration of Courage - Determination

**Scripture:** Luke 22:47-51

**Reflection:** Jesus demonstrated determination by staying true to His mission, even when faced with betrayal and arrest. Reflect on areas in your life where you need to show determination. How can you remain steadfast in your faith and purpose?

**Prayer:** Lord, grant me the determination to follow Your path, even when it's difficult. Help me to stand firm in my faith and purpose, trusting in Your plan. Amen.

# Day 4: Overcoming Fear - Denial vs.

# Courage

**Scripture:** Luke 22:54-62

**Reflection:** Peter's denial of Jesus was rooted in fear. Identify fears that may be holding you back from fully following Christ. How can you overcome these fears with God's help?

**Prayer:** Heavenly Father, reveal the fears that hinder my walk with You. Give me the courage to overcome them, trusting in Your strength and love. Amen.

## Day 5: Living with Purpose - Courage in Action

**Scripture:** Hebrews 12:1-2

**Reflection:** Jesus endured the cross for the joy set before Him. Consider what God's purpose is for your life. How can you live courageously, fulfilling the mission He has given you?

**Prayer:** God, show me the purpose You have for my life. Fill me with courage to live it out boldly, for Your glory and the advancement of Your kingdom. Amen.