

## **Day 1: Understanding the 8th Commandment**

*Scripture:* Exodus 20:15 - "You shall not steal."

*Reflection:* Reflect on the simplicity and directness of this commandment. Consider how it applies not only to physical possessions but also to time, ideas, and relationships.

*Prayer:* Ask God to reveal any areas in your life where you may be taking what is not yours, and seek His guidance in making amends.

*Action Step:* Write down any instances where you may have taken something that wasn't yours, whether intentionally or unintentionally. Pray for the courage to address these situations.

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## **Day 2: The Spirit of Entitlement**

*Scripture:* Philippians 2:3-4 - "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others."

*Reflection:* Consider how entitlement can lead to dissatisfaction and relational breaks. Reflect on how humility and valuing others can counteract entitlement.

*Prayer:* Pray for a heart of humility and gratitude, asking God to help you see the value in others and to be content with what you have.

*Action Step:* Identify one area in your life where you feel entitled. Practice gratitude by listing three things you are thankful for in that area.

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## **Day 3: Restitution and Making Amends**

*Scripture:* Numbers 5:5-7 - The biblical principle of restitution.

*Reflection:* Reflect on the importance of making amends and restoring relationships. Consider how restitution can bring healing and closure.

*Prayer:* Ask God for the strength and wisdom to make amends where necessary. Pray for the courage to face those you may have wronged.

*Action Step:* If possible, reach out to someone you owe an apology or restitution. Take a step towards making things right.

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## **Day 4: Cultivating Contentment**

*Scripture:* Hebrews 13:5 - "Keep your lives free from the love of money and be content with

what you have, because God has said, 'Never will I leave you; never will I forsake you.'

*Reflection:* Reflect on the promise that God is enough. Consider how contentment can lead to peace and satisfaction in life.

*Prayer:* Pray for a heart that finds satisfaction in God alone. Ask Him to help you see His presence and provision as sufficient.

*Action Step:* Spend time in prayer and meditation, focusing on God's promises and presence in your life. Let go of any desires that lead to discontentment.

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## **Day 5: Living Simply and Generously**

*Scripture:* 1 Timothy 6:6-8 - "But godliness with contentment is great gain. For we brought nothing into the world, and we can take nothing out of it. But if we have food and clothing, we will be content with that."

*Reflection:* Reflect on the beauty of simplicity and the freedom it brings. Consider how living simply can lead to greater generosity and joy.

*Prayer:* Ask God to help you embrace simplicity and to use your resources to bless others. Pray for a generous heart that reflects His love.

*Action Step:* Choose one possession or activity to let go of this week. Use the time or resources saved to bless someone else.